BACK TO SCHOOL TIPS FOR PARENTS

A new school year brings new routines, new expectations and sometimes new challenges. A few simple steps can help make the transition easier.

📅 1. **GET BACK INTO A ROUTINE**
Start adjusting bedtime, wake-up time and morning routines before school gets busy.
Tip: Keep the routine simple and predictable.

📚 2. **FIND OUT WHERE YOUR CHILD IS STRUGGLING**
Don't wait for report cards.
Pay attention to things like:

- Reading that seems unusually difficult
- Writing that takes a very long time
- Math causing frustration or avoidance
- Difficulty remembering skills they've previously learned
- Homework taking much longer than expected

Early support can prevent small gaps from becoming bigger ones.

🧠 3. **ASK "WHAT DO YOU NEED?"**
Instead of immediately helping with a difficult assignment, try asking:
"What part is confusing?"
"What do you already know?"
"What could we try?"
This helps children become more independent problem-solvers.

❤️ 4. **PROTECT THEIR CONFIDENCE**
A child who struggles academically can quickly begin to believe they're "bad at school." Notice effort and persistence—not just grades.
"You kept trying even when that was difficult."
That matters.

🎯 5. **SET ONE REALISTIC GOAL**
Choose one skill to focus on first.
It might be:
reading • spelling • writing • math • French • organization • study skills
Small successes build momentum.

WHEN YOUR CHILD NEEDS MORE SUPPORT
Sometimes a child needs more than extra practice or help with homework.
They may need targeted instruction to strengthen the underlying skills.
That's where LearnAbility can help.
We provide individualized instruction in reading, writing, math, French and study skills, with support tailored to each student's strengths, needs and learning goals.
Every child can learn. Sometimes they just need the right approach.
LearnAbility

Real Teaching. Real Results.

902-270-READ

MORE INFORMATION